



Trust Deed Number MA0000943

Please return the application form to:

admin@asactrust.co.zw

members@asactrust.co.zw

OR

Post to:

Anxiety Support and Awareness Centre
No 60 Eve's Crescent
Ashdown Park, Mabelreign,
Harare
Zimbabwe

Tel: +2638644223041

+263719555772

+263779262766

www.asactrust.co.zw

CORPORATE MEMBERSHIP FORM



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As a mental wellness advocacy organisation we propose to conduct workshops, trainings, cognitive assessments, counselling on the ground and telephonically, where experts discuss clinical and advocacy efforts that may influence therapy and boost awareness in schools, communities and **corporates**.

The combination of service provision such as training, counselling, interventions along with community-based education and support programmes have proven to be appropriate goals for mental wellness interventions in the country thereby fighting stigma associated with mental affliction. From a broader perspective, it is also important to ensure that programmes addressing people's health needs and concerns take into account societal inputs for developing and implementing programme interventions and informational messages.

FIVE WAYS COMPANIES CAN HELP

- 1. Educate employees on stress and depression, especially how cognitive symptoms can affect work performance.**
- 2. Raise awareness of any existing employee assistance programmes AND emphasise that they can help with mental health problems, like stress and depression, too.**
- 3. Promote a culture of acceptance around depression and other psychiatric disorders – they are no different to diabetes or asthma.**
- 4. If an employee shares their struggle with depression, refer them to a mental healthcare professional and reassure them the illness can be treated.**
- 5. Explore creative ways to support an employee's recovery, such as flexible or adjusted working hours or working from home for a while.**

BENEFITS OF CORPORATE MEMBERSHIP

- ASAC shall provide discounted trainings and workshops for your organisation
- ASAC shall offer discounted Psychometric Tests and consultancy
- Your logo will appear on ASAC website, adverts, magazines, newsletters and other promotional packages
- You will receive a discount on each advert placed in all ASAC magazines.
- Your company will be entitled to profiling in our ASAC magazine
- Your organisational banners and corporate brochures will be displayed at all the ASAC functions and events.
- Your organisation will receive a discount at all functions and events hosted by ASAC.



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Company Name:	Nature of Business:
Address:	
Phone Number:	Contact Person:
Email Address:	
<p>Annual Membership Fees:</p> <p>Corporate Members: For corporates with an interest in promoting mental wellness in the workplace and in their society; and improving appraisals in the workplace.</p> <p>USD300 or equivalent</p> <p>PLEASE NOTE THAT WE USE THE CURRENT RBZ RATE FOR THE DAY FOR ALL ZWL TRANSACTIONS</p>	<p>NMB Bank Branch Code: 11104 Branch: Eastgate ZWL Acc Number: 0000240173678 Acc Name: Zim Anxiety Support & Awareness</p> <p>NMB Bank Branch : Eastgate FCA Acc Number: 0000240325489 Acc Name: Anxiety Support & Awareness Trust</p> <p>For accounting purposes, once payment has been made, please scan deposit slip and email it to admin@asactrust.co.zw or members@asactrust.co.zw for reconciliation.</p> <p>ECOCASH MERCHANT CODE: 311218 ZASAC or ONEMONEY MERCHANT CODE: 50619 Zimbabwe Anxiety Support and Awareness Centre</p>
<p>Signature: _____ Date: _____</p>	



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Our Organisational Values

- Integrity
- Transparency
- Professionalism
- Commitment
- Accountability

Areas of Capacity Building

- Consultancy – training, facilitation and project monitoring and evaluation, resource mobilisation strategies and activities
- Livelihoods – socio-economic, child and adult mental health
- Research and advocacy – baseline surveys, needs analysis, and awareness campaigns

#You are not alone

KEY STATEMENT:

Promoting mental wellness through

Education, Counselling, Awareness, Research, Training and Advocacy

